

RELEASE 59/2026

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# Population estimates and main demographic indicators

## 2025

The purpose of production of population estimates is to collect the data necessary for the analysis of natural changes of population in Montenegro and municipalities, natality, fertility, and other indicators.

According to population estimates:

- Number of inhabitants in Montenegro in mid-2025 is 623 115;
- Number of children (aged 0-17) in Montenegro in mid-2025 is 135 187 or 21.7% of the total population, of which 70 081 are male and 65 106 are female;
- Working age population or the population aged 15-64 years is 64.6% of the total population in mid-2025, which is 402 723 inhabitants;
- Population aged 65 and over is 17.4% out of the total population in mid-2025, which is 108 493 inhabitants;
- In Montenegro, in 2025, the rate of natural increase amounted to 0.8, while the migration rate amounted to 5.5;
- Per 1,000 inhabitants in 2025, 4.8 marriages were concluded, which represents the rate of marriages, while the divorce rate was 1.4;
- Life expectancy at birth in 2025 is 78.1 years.

**Table 1.** Main demographic indicators, 2025

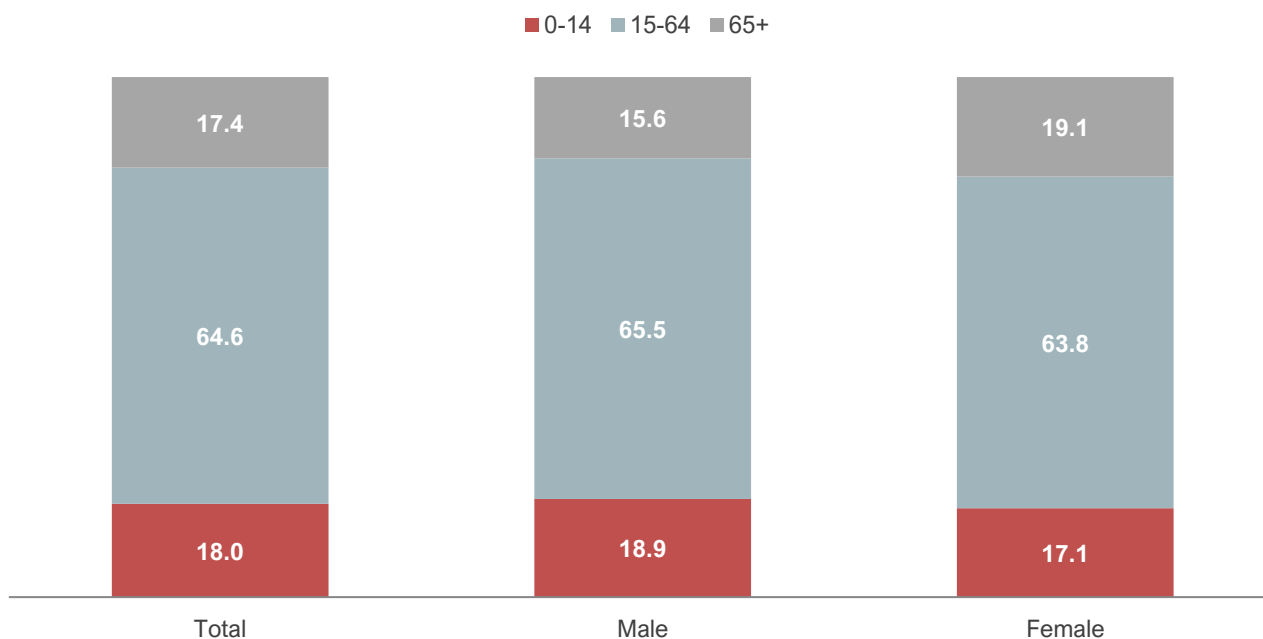
Birth rate	11.1	Infant mortality rate	2.3	Life expectancy - total	78.1
Death rate	10.3	Under-five mortality rate	3.0	Life expectancy - male	75.8
Rate of natural increase	0.8	Vital index of birth per 100 deaths	108.0	Life expectancy - female	80.4
Rate of marriages	4.8	Masculinity rate of live born	106.8	Total fertility rate	1.8
Rate of divorces	1.4	Masculinity rate of live born	104.8	Rate of migrations	5.5

## POPULATION ESTIMATES

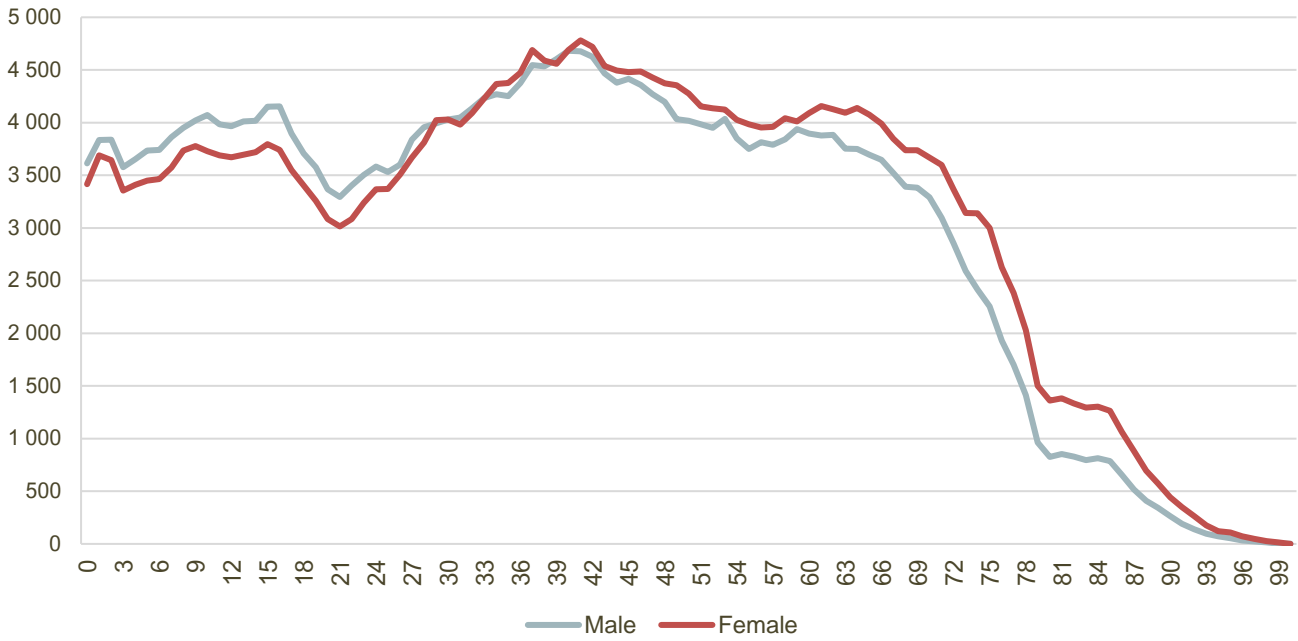
**Table 2.** Population in Montenegro at the beginning, middle, and end of 2025, by age groups

Age/sex	1 January 2025			Mid-2025			31 December 2025		
	Total	Male	Female	Total	Male	Female	Total	Male	Female
<b>Total</b>	<b>623 327</b>	<b>306 650</b>	<b>316 677</b>	<b>623 115</b>	<b>306 575</b>	<b>316 540</b>	<b>622 902</b>	<b>306 499</b>	<b>316 403</b>
<b>0-14</b>	<b>112 376</b>	58 133	54 243	<b>111 899</b>	57 879	54 020	<b>111 415</b>	57 618	53 797
<b>15-64</b>	<b>403 657</b>	201 191	202 466	<b>402 723</b>	200 812	201 911	<b>401 810</b>	200 454	201 356
<b>65+</b>	<b>107 294</b>	47 326	59 968	<b>108 493</b>	47 884	60 609	<b>109 677</b>	48 427	61 250
<b>0-17</b>	<b>135 378</b>	70 191	65 187	<b>135 187</b>	70 081	65 106	<b>134 988</b>	69 963	65 025
<b>18+</b>	<b>487 949</b>	236 459	251 490	<b>487 928</b>	236 494	251 434	<b>487 914</b>	236 536	251 378

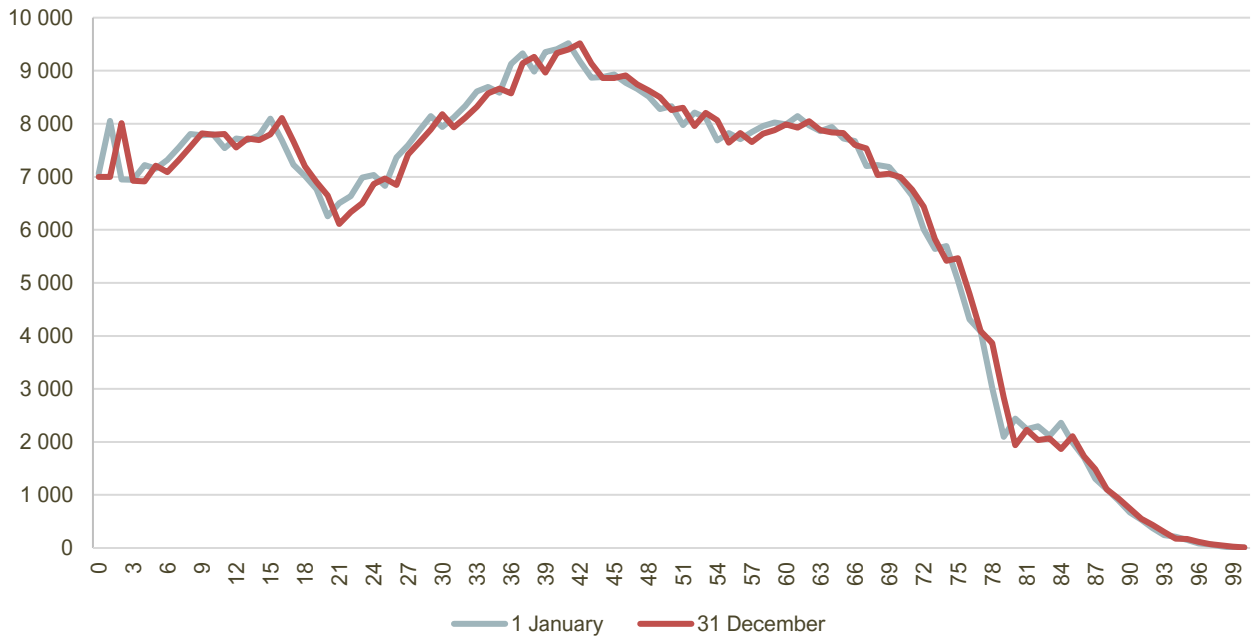
**Graph 1.** Age structure of population in % by sex, mid-2025



**Graph 2. Population by single age and sex, mid-2025**



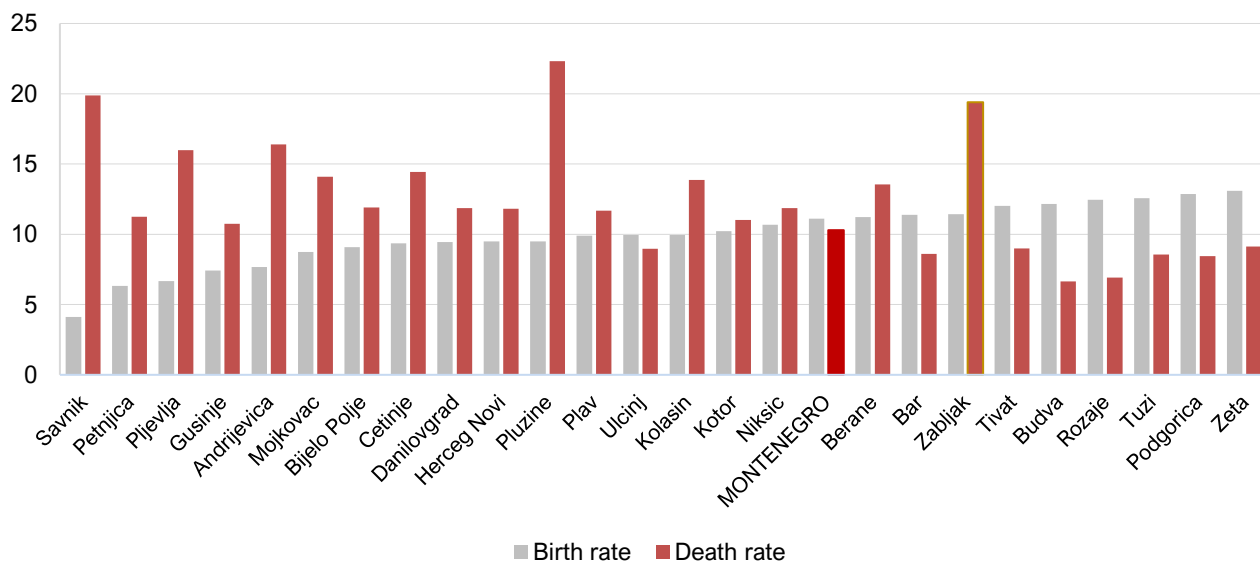
**Graph 3. Population by single age, at the beginning and the end of 2025**



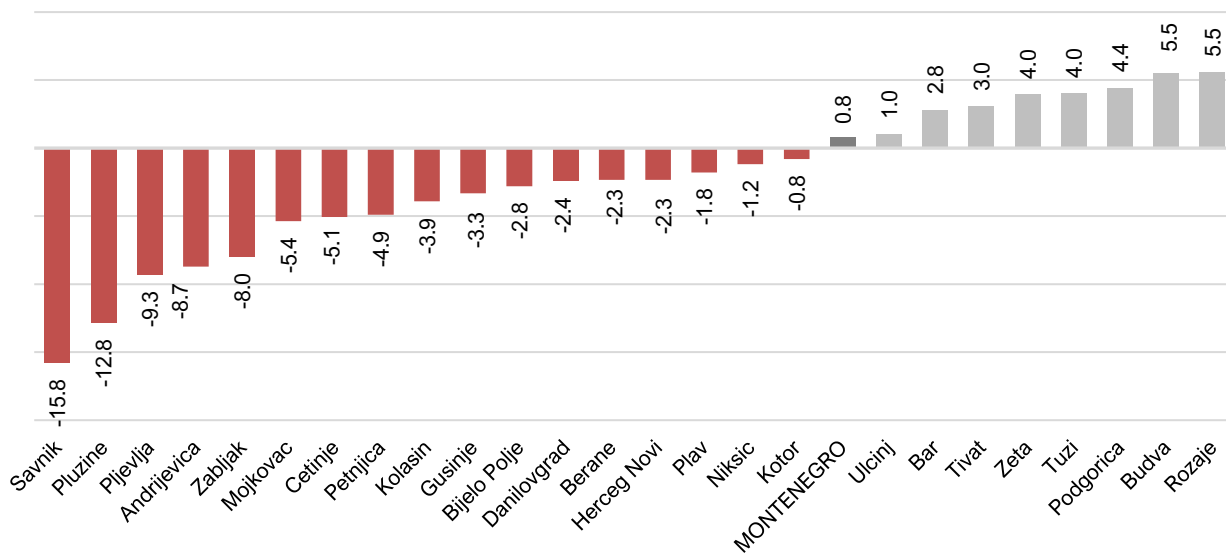
**Table 3.** Indicators of vital statistics, 2025

	Rate of natural increase	Birth rate	Death rate
<b>MONTENEGRO</b>	0.8	11.1	10.3
Andrijevica	-8.7	7.7	16.4
Bar	2.8	11.4	8.6
Berane	-2.3	11.2	13.5
Bijelo Polje	-2.8	9.1	11.9
Budva	5.5	12.2	6.6
Cetinje	-5.1	9.4	14.4
Danilovgrad	-2.4	9.4	11.9
Gusinje	-3.3	7.4	10.8
Herceg Novi	-2.3	9.5	11.8
Kolasin	-3.9	10.0	13.9
Kotor	-0.8	10.2	11.0
Mojkovac	-5.4	8.7	14.1
Niksic	-1.2	10.7	11.9
Petnjica	-4.9	6.3	11.2
Plav	-1.8	9.9	11.7
Pljevlja	-9.3	6.7	16.0
Pluzine	-12.8	9.5	22.3
Podgorica	4.4	12.9	8.4
Rozaje	5.5	12.5	6.9
Savnik	-15.8	4.1	19.9
Tivat	3.0	12.0	9.0
Tuzi	4.0	12.6	8.6
Ulcinj	1.0	9.9	9.0
Zabljak	-8.0	11.4	19.4
Zeta	4.0	13.1	9.1

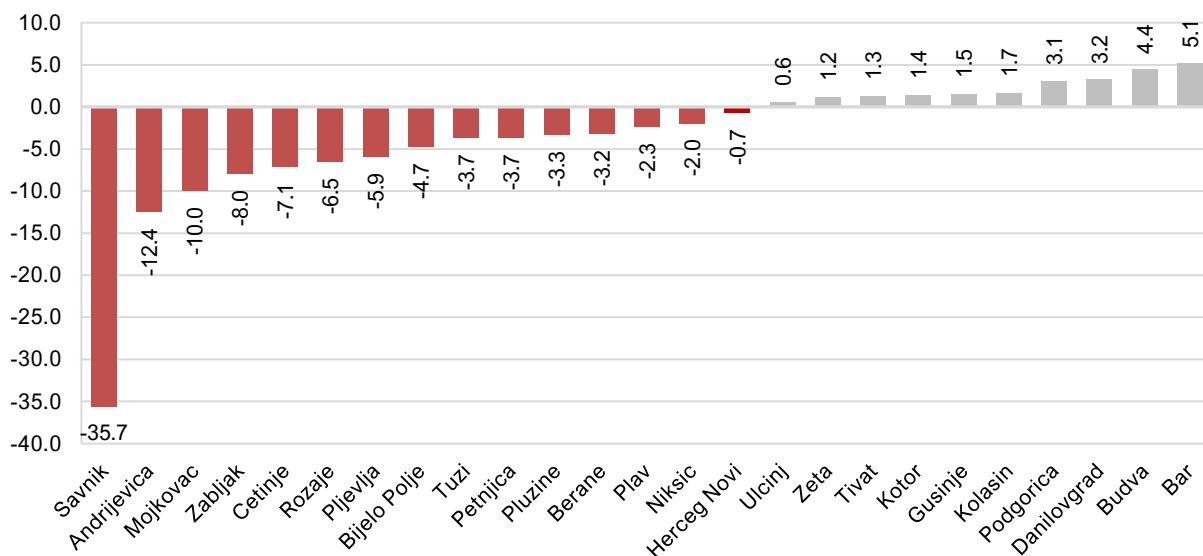
**Graph 4. Birth and death rate by municipalities, 2025**



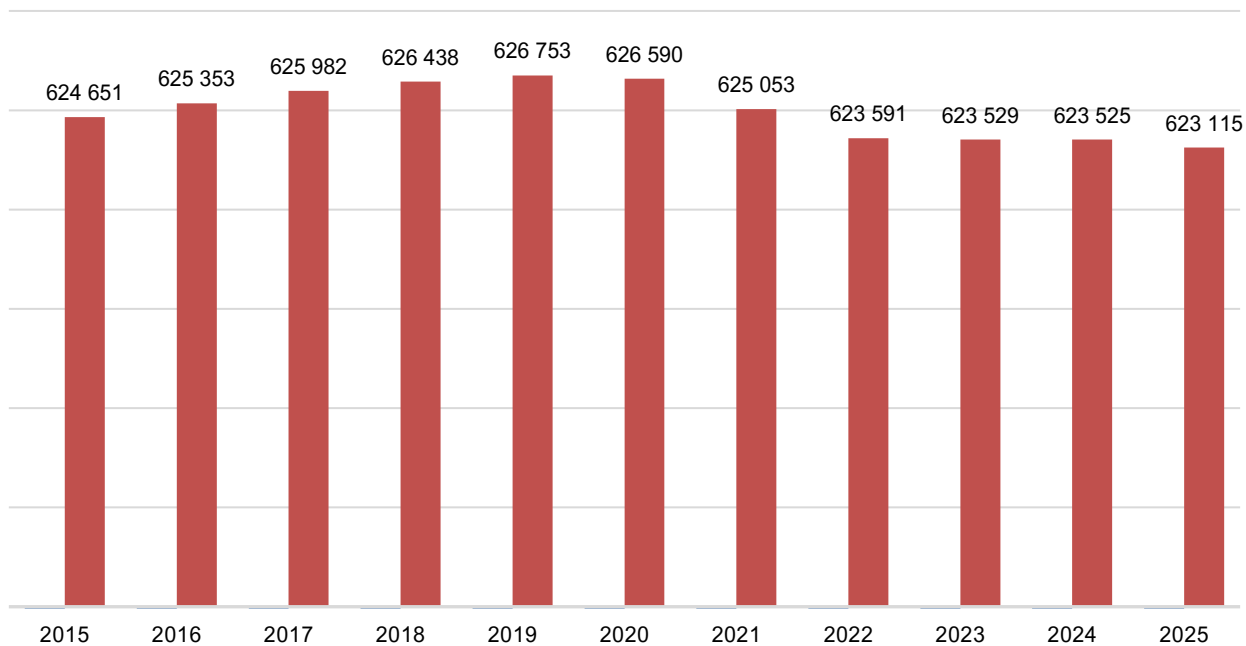
**Graph 5. Rates of natural increase by municipalities, 2025**



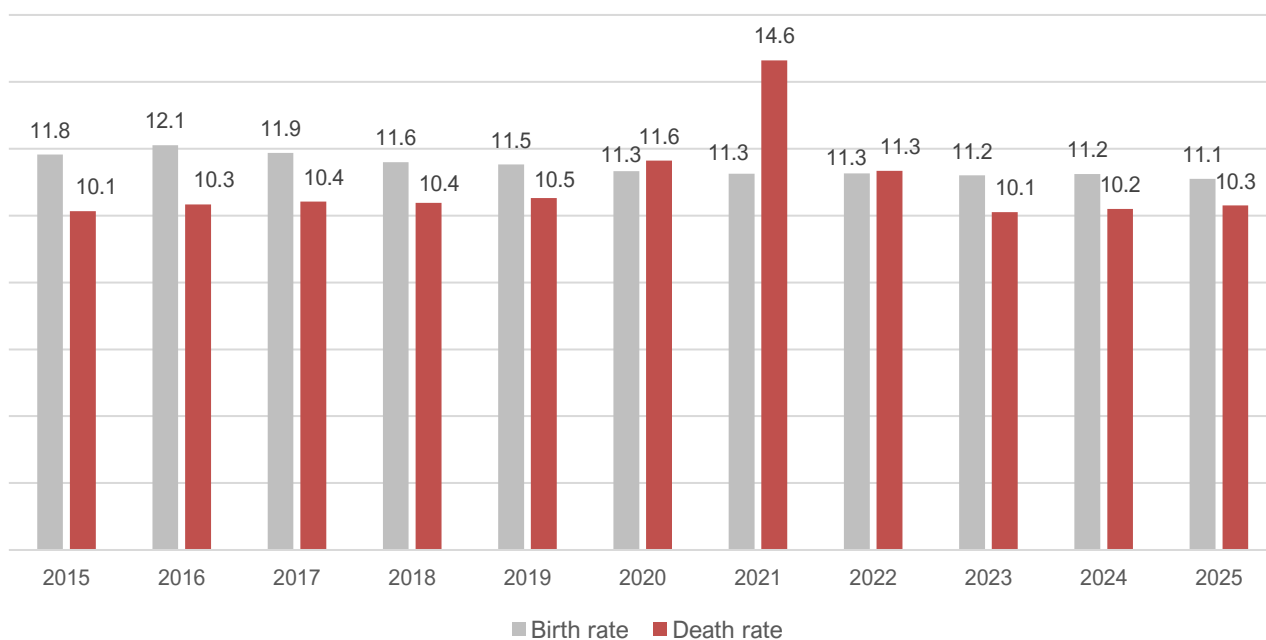
**Graph 6. Rates of migration balance by municipalities, 2025**



**Graph 7.** Estimated population of mid-year for the 2015 - 2025 period



**Graph 8.** Birth and death rate for the 2015 - 2025 period



## METHODOLOGICAL NOTES

### Estimated population

Estimated number of populations refers to the beginning, middle, and end of the year. Mid-year data are used in the calculation of demographic indicators, as well as for reporting to the United Nations. On the other hand, the population at the beginning is requested by Eurostat.

Population according to the census is a basis for the annual estimation of the population. This number is corrected according to the results of vital statistics (natural increase) and migration flows. The results of vital statistics are recorded through the natural increase. In case of a positive natural increase population increases, in the case of a negative natural population increase, population decreases. Migration movements of population within Montenegro are considered and affect the population estimates at the level of municipalities. When estimating the population, it is assumed that the international migration is a constant number which is calculated on the basis of the 2023 Census, then the natural growth for the period 2011 – 2023 as well as the 2011 Census. Using these sources, so called profile of international net migrants per sex and age for a period of one year is calculated. This profile is used as a statistical adjustment in the period between censuses. The aim of applying the methods of statistical adjustment for population estimates is the need to show a real number of inhabitants at the annual level.

### Demographic indicators

Based on the estimated number of the population, the number of births and deaths, marriages and divorces, as well as data on internal migration, following demographic indicators are calculated.

**Birth rate** is the ratio number of live births and estimated number of mid-year population, expressed in permille (per 1000 inhabitants).

**Death rate** is the ratio of number of deaths and estimated number of mid-year population, expressed in permille (per 1000 inhabitants).

**Natural increase rate** is the ratio of natural increase and estimate number of mid-year population. It is expressed in permille (per 1000 inhabitants).

**Marriage rate** is the ratio of number of marriages and estimate number of mid-year population. It is expressed in permille (per 1000 inhabitants).

**Divorce rate** is the ratio of divorces and estimated number of mid-year population. It is expressed in permille (per 1000 inhabitants).

**Infant death rate** is the ratio of number of dead infants and live born children expressed in permille (per 1000 live born).

**Child death rate under 5 years** of age is the ratio of child deaths at age up to 5 years, and expressed in permille (per 1000 live born).

**Vital index** is the ratio of live births to 100 deaths.

**Masculinity rate** is the ratio of number of males per 100 females in observed events.

**Total fertility rate. i.e. total number of live births per one woman**, i.e. the sum of appropriate specific fertility rate, is calculated for the age interval from 15 to 49 by five-year period.

**The migration rate** represents the ratio between the annual number of persons who migrated within Montenegro and the estimated mid-year population.

**The rate of migration balance** is the ratio of annual net migration on the estimated mid-year population. The rate of migration balance can be obtained as the difference between immigration rates and emigration rates (per 1000 inhabitants).

When using the data, state:

"Data source: Statistical Office - MONSTAT"

*More data, as well as detailed methodological notes can be found in the section: [Population estimations](#)*